All menus are subject to

change! We do our best

to provide our customers with '

all of our planned options,

however, occasionally

weather, crops and supplies

have other ideas!

Carwise Middle School Lunch Menu \$2.50

3/2 Dr. Seuss Birthday **Read Across America Day**





3/5-9 National School **Breakfast Week** 3/11 Daylight Saving Time







DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich,

Pancakes, Cereal & Toast, or Cereal Bar & Toast, Must choose at least 1: Fruit or Juice. May choose 1: Milk

Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) May Choose: 1 Milk; Skim, Low Fat White, or

Fat Free Chocolate. Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches. Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Celery





Wed

1 Pizza/ Donut Sticks Choose One: **Beef or Pork Tacos Garlic Cheesy Bread Corn Dog Nuggets Greek Salad** Chicken Caesar Wrap Choose: Marinara Cup * Fiesta Beans Leafy Green Side Salad

Sausage Biscuit

Week

Thu

2 Sausage Roll/ Donut Choose One: Roasted Chicken w/ Roll Fish Sticks w/ Corn Muffin Loaf Variety Pizza Fruit & Yogurt Plate **Italian Sub** Choose: Fresh Veggie Dippers Mashed Potatoes w/ Gravy

Blueberry Waffles / Pancakes National

Choose One:

Chicken Nuggets w/ Roll Cheese Meatloaf w/ Potatoes & Roll Max Sticks Veggie Double Dipper Salad Turkey Club Wrap Choose: Seasoned Curly Fries, Veggie Dippers Egg & Cheese Croissant School Choose One:

Pizza Cheesesteak Sub Hot Dog Pizza Crunchers Chicken Caesar Salad Ham & Cheese Sandwich Choose: Oven Baked Beans Romaine Side Salad

Choose One: Teriyaki Beef Dippers w/ Rice & Roll Mini Quesadilla Popcorn Chicken w/ Roll Yogurt & Fruit Parfait Turkey & Cheese Hoagie Broccoli, Salsa Cup, Cucumbers

Cinnamon Roll

Breakfast

Choose One: Drumstick w/ Hush Puppies Meatball Sub **Cheese Calzones** Greek Salad Chicken Caesar Wrap **Choose: Sliced Carrots** Leafy Green Side Salad

School Breakfast Choose One: Chicken Tenderw/ Onion Rings **Cheesy Fish Filet Sandwich** Variety Pizza Fruit & Yogurt Plate **Italian Sub** Choose: Green Beans * Fresh Veggie Dippers

9 Breakfast Taco / Donut

12 Maple Pancake Minis

Choose One:

Loaded BBQ Pork & Cheese Nachos Max Mozzarella Sticks Cheeseburger Chef Salad

Turkey Club Wrap Choose:

Marinara Cup ,Black Beans, Veggie

School **Favorites Day**

Students Choose the



13 Egg/Ham/Cheese Breakfast Sandwich 14

Chicken Biscuit Choose One: Chicken & Waffle Rib-B-Q Sandwich French Bread Yogurt & Fruit Parfait Turkey & Cheese Hoagie Choose: Spinach, Cucumbers

15 Bacon Toast/ Donut Choose One: Lemon Chicken w/ Rice & Noodles Pepperoni Stuffed Sandwich Mini Quesadillas **Greek Salad** Chicken Caesar Wrap Choose: **Corn Niblets** Leafy Green Side Salad

Pancake Pup/ Donut Choose One: Chicken Alfredo w/ Breadstick Pizza Crunchers Pizza Slice Fruit & Yogurt Plate **Italian Sub** Choose: Mixed Vegetable Blend Fresh Veggie Dippers

19 Texas Toast/ Pncakes Choose One:

Hamburger/Cheeseburger Firecracker Chicken w/ Rice & Roll Galaxy Pizza

Veggie Double Dipper Salad Turkey Club Wrap Choose: Oven Fries , Veggie Dippers 20 Egg, Bacon, & Biscuit/ Donut Stick 21 Choose One:

Teriyaki Chick Rice Bowl w/ Noodles Grilled Cheese Sandwich Pizza Crunchers

Chicken Caesar Salad Ham & Cheese Sandwich Choose: Tomato Soup * Romaine Salad Donut Choose One:

Breaded Chicken Sandwich Spaghetti & Meatballs w/ Breadstick Popcorn Chicken w/ Roll Yogurt & Fruit Parfait Turkey & Cheese Hoagie Choose: Broccoli , Cucumbers

Pizza/ Donut Stick Choose One:

Chicken or Pork Tacos **Garlic Cheesy Bread** Corn dog **Greek Salad** Chicken Caesar Wrap Choose: Marinara Cup ,Fiesta Beans ,Salad 23 Sausage Roll/ Donut **Choose One:** Roasted Chicken w/ Roll Fish Sticks w/ Corn Muffin Loaf Variety Pizza Fruit & Yogurt Plate **Italian Sub** Choose: Fresh Veggie Dippers Mashed Potatoes w/ Gravy





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